My name is ______________________

Three things I can see well are:
1. 
2. 
3. 

Three things I cannot see well are:
1. 
2. 
3. 

Three things that I do well independently are:
1. 
2. 
3. 

Three things I need assistance with are:
1. 
2. 
3. 

Three things that I use to help me finish tasks where I use my eyes a lot:
1. 
2. 
3.
Dear teachers,

Hello, my name is _________________. I will be in your classes this coming school year. I am writing this letter to introduce myself and to inform you that I am a student with a visual impairment. My etiology (diagnosis) is called _______________________.

A brief description of this condition is:

________________________________________________________

________________________________________________________. I will need some accommodations in your class, and have developed this notebook to help explain my eye condition and my preferences for materials. These accommodations will help me be successful in your class.

Sincerely,
Student Involvement Document

Contents for a Student Portfolio

Letter of Introduction
Who you are, what your diagnosis is (be brief), and what accommodations you will need in classes.

Etiology (Diagnosis)
Include information on your diagnosis. It is OK to get this from the internet. Be brief.

Challenges
This should be a listing of the kinds of things you find difficult to do with your vision. Be sure to include things that occur outside of the classroom, such as mobility, daily living skills, observation skills, recreation.

Preferences for Print
Use a computer to make a page that includes examples of font style, print size, and line spacing that you prefer.

Examples of Good Print
Put copies of handouts you have received in the past that are easier for you to read. Try including handouts depicting good quality copy, high contrast images, and are free of visual clutter rather than documents that have simply been enlarged.

Examples of Difficult Print
Put copies of handouts you have received in the past that are difficult for you to read. On each, put a Post-It note that states what makes it hard to read. (example: print too faded or blotchy, format is difficult)

Technology I Find Useful
List the technology you use for vision, plus a brief description of what you use it for.

Resources
This section could include people your teachers could contact for more information, additional information on your diagnosis, and agencies you work with.